



The Yoga Connection

Summer Solstice

Please join us for a donation-based labyrinth walk and all-levels yoga practice to honor the shift of the season, reflect, and welcome new beginnings. Drop in for all or part of the practice, and come learn about The Yoga Connection community! No prior practice necessary.

Please register by scanning the QR code below or visiting our website www.the-yoga-connection.org.



Monday, June 1, 2026
6:30-8:30pm
Walk begins at 7:00pm
Christ United Methodist Church
410 N Holden Road

